



Plastikos Plastic & Reconstructive Surgery
Plastikos Surgery Center
Millennium Healthcare
Avatar Industries
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www.plastikos.com



www.millennium-healthcare.com
www.templeofhealth.ws

Discontinue use of the following medications at least 3 weeks prior to surgery and 3 weeks after!!!

4-Way Cold Tablets	Colcin	Lobac	Persantine (Dipyridamole)
Acetilsalicylic Acid	Cope	Lodine	Phed Fast
Actron	Coricidin Tablets	Lortab ASA	Phenaphen/Codeine #3
Acutrim	Coumadin (Warfarin)	MAO Inhibitors	Phen Phen
Adprin-B products	Damason-P	Magan	Piroxicam
Advil	Darvon Compound-65	Magnaprin	Quiet World Analgesic
Advil Cold & Sinus	Darvon/ASA	Salicylate	Relafen
Aleve	Daypro	Magsal	Rhinocaps
Alka-Seltzer	Deep-down Pain Rub	Marthritic	Robaxisal
Amigesic	Relief	Mefenamic Acid	Rowasa
Anacin	Dexatrim	Mentholum Deep	Roxeprin
Anaprox	Diclofenac	Heating	Saleta-D
Anexsia w/Codeine	Dicumarol	Meprobamate	Salflex
Ansaid	Diet Pills	Mesalamine	Salicylate products
Arthra-G	Dimetapp Sinus	Methocarbamol	Salsalate
Arthriten products	Dipentum	Micrainin	Salsitab
Arthritis Foundation products	Disalcid	Midol	Scot-Tussin
Arthritis Pain Formula	Doan's	Mobidin	Sine-Aid IB
Arthritis Strength BC Powder	Dolobid	Mobigesic	Sine-Off
Arthropan	Dristan	Mobisyl Analgesic	Sinutab
ASA	Dristan Sinus	Crème	Sodium Salicylate
Asacol	Duragesic	Momentum Muscular	Sodol Compound
Ascriptin products	Easprin	Mono-Gesic	Soltice Quick Rub
Aspercreme	Ecotrin	Backache Formula	Soma Compound
Aspergum	Empirin	Motrin	St. Joseph Aspirin
Asprimox products	Entab-650	Motrin IB Sinus	St. Joseph Cold Tablets
Axotal	Enteric Coated Aspirin	Myoflex Creme	Stanback Headache Powder
Azdone	Equagesic	Nalfon	Sulfasalazine
Azulfidine products	Etodolac	Naprelan	Supac
B-A-C	Excedrin	Naprosyn	Suprax
Backache Formula	Feldene	Naproxen	Synalgos-DC
Bayer Aspirin	Fiorgen PF	Night-Time	Talwin
BC Cold and Sinus	Fiorinal	Effervescent Cold	Ticlid
BC Powder/Tablets	Flurbiprofen	Norgesic/Norgesic	Toradol
Beffex	Gelpirin	Forte	Triaminicin
Ben-Gay	Gemisyn	Norwich products	Tricosal
Bismatrol products	Genprin	Olsalazine	Trilisate
Buffaprin	Gensan	Omega-3 or Fish Oils	Tussanil DH
Buffered aspirin	Goody's Headache	Orphengesic products	Tussirex products
Bufferin	Power	Orudis	Ursinus Inlay Tablets
Buffets II	Halfprin products	Oxycodone	Vanquish Aspirin Tablets
Buffex	Heet Analgesic	P-A-C	Vira-Med Tablets
Butal/ASA/Caff	Liniment	Pabalate products	Vitamin E Tablets
Butalbital Compound	IBU	Pain Reliever Tabs	Voltaren
Cama	Ibuprofen	Pamprin	Warfarin
Carisoprodol Compound	Indomethacin products	Panalgesic	Wesprin
Cataflam	InfraRUB Analgesic	Panasal	Willow bark products
Cheracol	Cream	Pentasa	Zorprin
Choline Magnesium Trisalicylate	Isolyl Improved	Pepto-Bismol	
Choline Salicylate	Kaodene	Percodan	
Clinoril	Lanorinal		



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Herb/Supplement Precautions Prior to Surgery

To Avoid Problems with:

Bleeding:

Avoid for 2 weeks prior to surgery:

- Bilberry
- Cat's Claw (Saventaro)
- Feverfew
- Garlic
- Ginger
- Ginkgo biloba
- Omega 3 Oil, i.e. fish oil supplements, flaxseed oil, hemp oil
- Red Clover
- Vitamin C in doses greater than 4 gms per day
- Vitamin E in doses greater than 400 IU per day
- Cat's Claws/Saventaro

Anesthesia:

Avoid for one (1) week prior to surgery:

- Ephedra
- Kava Kava
- Lavendar
- Lemon Balm
- Licorice
- Passion Flower
- Skull Cap
- St. John's Wort
- Valerian
- Yohimbe

Other Problems:

- Aloe – may cause low potassium levels
 - Ginseng – may cause hypertension and rapid heart rate and may decrease the effectiveness of certain anti-clotting agents.
 - Goldenseal – may worsen swelling and/or high blood pressure
 - Niacin – may increase liver function tests
 - PC-SPES – may increase the risk of blood clots
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- ❖ Discontinue use of Aspirin or aspirin products for 3 weeks prior to surgery.
 - ❖ Consult your surgeon if you are using pain patches or any pain management medication before you continue to take the medication.
 - ❖ This is not a complete list of medications or supplements that should be avoided before surgery.
 - ❖ If you are currently taking any medications on an occasional basis, consult your physician or anesthesiologist.
 - ❖ Any anti-inflammatory medications, medications containing aspirin, or MAO inhibitors should also be avoided.