Integrated Wellness and Beauty Approach, Combining Traditional, Holistic & Natural Medicine

- Allergy Elimination
- Chiropractic Services
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- Endermologie®
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- Permanent Makeup
- Quantum Light Therapy
- Reconstructive Surgery
- Skincare

Free Wellness Lectures & Special Events

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Millennium Healthcare & Plastikos Plastic and Reconstructive Surgery

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Dr. Susan Kolb founded Plastikos Plastic and Reconstructive Surgery, Avatar Industries and Millennium Healthcare to create an Integrated Wellness and Beauty Approach Combining Traditional, Holistic and Natural Medicine. Plastikos began in 1995 as a vision for a healing space where surgical technology could be combined with compassionate care and holistic healing modalities. Dr. Kolb founded Millennium Healthcare to create a Holistic group practice, integrating conventional, holistic and spiritual medicine to complement Plastikos Plastic and Reconstructive Surgery. Our goal is to ensure that each patient receives the highest quality care while enjoying special attention in a private serene setting. Millennium Healthcare and Plastikos Plastic and Reconstructive Surgery are service-oriented and dedicated to providing educational opportunities for the Atlanta area through our free wellness lectures, radio shows, workshops and classes.

Dr. Kolb is the Author of:
The Naked Truth About Breast Implants: From Harm to Healing

Julian B. Gordon, M.D.
Cosmetic and Plastic Surgeon

Dr. Gordon graduated from Amherst College and received his medical degree from New York Medical College. He then completed his general surgery training at Saint Vincent's Medical Center in New York City and went on to complete his plastic surgery training at the University of Medicine and Dentistry in New Jersey where he also served as Chief resident. Following his plastic surgery residency, Dr. Gordon did a one-year fellowship in breast and microsurgery at Memorial Sloan Kettering Cancer Center in Manhattan. Dr. Gordon was certified by the American Board of Plastic Surgery in 2005.

Bradford Gould, M.D.
Board Certified Family Physician

Dr. Bradford Gould is a Board Certified Family Physician. He attended Medical College of Georgia and graduated in 1999. He completed his internship at both St. Vincent's Medical Center in Jacksonville, FL and Greenville Memorial Hospital in Greenville, SC. Dr. Gould also has a fellowship from International Academy of Medical Acupuncture. Dr. Gould has a very diverse background with special interests in homeopathy, herbal medicine, nutrition and sports medicine. Dr. Gould provides complete family care of all ages from birth to geriatrics. Full pediatric and women's well care are also offered.

“Dr. Mike” Greenberg, D.C.
Allergy Elimination, Sports & Holistic Chiropractor

In his holistic practice of over 22 years, Dr. Mike built his reputation as an outstanding healthcare provider and has seen many celebrities, world class athletes and top executives. Dr. Mike is a new generation of holistic chiropractic doctor, who is treating food, environment and medication allergies. In 1996 “Dr. Mike” was awarded a United States patent for a rare Multi Herbal/Vitamin formula. He has taken numerous Post-Graduate courses and seminars in nutrition as well as having a Naturopathic certification.

Julie Anthony, R.T.(R)(M)
Permanent Makeup Artist

Julie is certified in permanent cosmetics, radiology, and mammography and has been working as a medical professional since 1995. She has completed hundreds of procedures, specializing in lips, eyebrows, hairline stroke eyebrows, eyeliner, eye enhancement procedures, mucosal liner, scar camouflage, corrective procedures, vitiligo, areola pigmentation and stretch mark camouflage. Julie Anthony is held in high regard throughout the southeast for her expertise, professionalism, and knowledge.

Cindy Stockton, L.M.E., L.M.T.
Licensed Medical Esthetician and Massage Therapist

Cindy Stockton, L.M.E., L.M.T. is a licensed Medical Esthetician and Massage Therapist with over 21 years experience in medical aesthetics and integrated massage therapy. Cindy utilizes her exceptional knowledge of anatomy, cosmetic chemistry, skin structure and function to give each patient a personalized program to meet individual needs. She provides results oriented treatments that focus on skin rejuvenation, including acne and anti-aging treatments, reducing the look of cellulite and repairing sun-damaged skin.

Nadya Dhanani, C.C.H., B.H.M.S.
Classical Homeopath

Nadya Dhanani, C.C.H., B.H.M.S. studied at the Homeopathic medical college associated with Bombay University in India for five and half years. She received her Bachelors of Homeopathic Medicine and Surgery in 1987 after completing her internship in General Medicine, Pediatrics, Skin and Gynecology. Dr. Dhanani has practiced as a classical homeopath for 11 years and specializes in obesity, skin conditions, mental disorders, respiratory problems and children’s health issues. This provider does not diagnose and/or treat diseases. For all diseases and/or treatments, please see one or our Licensed Medical Doctors.

The Founder of Millennium Healthcare and Plastikos Plastic and Reconstructive Surgery, Dr. Kolb is a recognized authority on spiritual medicine and energy healing, which she integrates into her practice. She is a leading international authority on Silicone and Saline Breast Implant Disease, and has developed an immune and detoxification protocol for this patient base. Dr. Kolb is Board Certified in Holistic Medicine, as well as Plastic and Reconstructive Surgery.

The Goddess Shift: Women Leading for a Change

Optimism! Cultivating the Magic Quality That Can Extend Your Lifespan, Boost Your Energy and Make You Happy Now

A Contributing Author: Plastikos Plastic and Reconstructive Surgeon, Founder and CEO

The Next Great Step in The Evolution of Modern Medicine
Now Available

*The Naked Truth About Breast Implants: From Harm to Healing*

by Susan E. Kolb, M.D., F.A.C.S.

Visit www.TheNakedTruthAboutBreastImplants.com to read about Dr. Kolb’s personal experiences and extensive knowledge of the potential dangers associated with Silicone Breast Implants.

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Now Available

*Goddess Shift: Women Leading For a Change*

Susan Kolb, M.D. is a contributing author on the Goddess Shift book with co-authors including Oprah Winfrey, Michelle Obama, Jane Fonda, Shirley MacLaine, Angelina Jolie, Whoopi Goldberg, and others. This compilation of contributors share their insight on the new role of women in leadership

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Now Available

*Optimism! Cultivating the Magic Quality that Can Extend Your Lifespan, Boost Your Energy, and Make You Happy Now*

Susan Kolb, M.D. is a contributing author for Optimism! With co-authors including Jimmy Carter, Steve Jobs, Meryl Streep, Queen Noor, Charles, Prince of Wales, and others. In this new anthology, world-famous leaders from every sphere of human endeavor reveal the secrets that kept them going during the tough times.

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About the Author:

Susan E. Kolb, M.D., F.A.C.S. the founder of Plastikos Surgery Center and Millennium Healthcare in Atlanta, Georgia, has developed treatment protocols to help women with silicone, chemical and biotoxicity problems from breast implants. She has the personal experience with the illness and first used the protocols to regain her own health.

To purchase any of her books, please visit Dr. Susan Kolb’s website or follow the QR Code at the bottom of the page: www.thenakedtruthaboutbreastimplants.com

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For Media inquiries, appearances, or other publicity, please contact:
Amber Kemp at (770) 457-4677 Ext. 1121 or via email at akemp@plastikos.com
You eat well and you exercise, so why would you need a multi-vitamin? For several reasons:

We tend to eat our favorite foods, rather than for nutritional balance.

1. The soil is depleted and many micro-nutrients are not optimal.
2. The world is polluted, the water has contaminants, and the food has been manipulated for shelf life.
3. We are all stressed.

Most people take a multi vitamin at some point in their life. Often they don’t notice any difference. With Doc G Patented Pure Multi, people notice a positive energy difference. Most often, no energy drop in the afternoon.

Through extensive research and years of experience, Dr. Mike balanced 70 nutrients to synergistically work together. He had independent biochemists review the formula. Nutritional information in worldwide databases was utilized to rule out any possible adverse reactions. The result was a biochemically correct comprehensive pure supplement that would fulfill the basic requirements of cellular metabolism. In other words, it worked!

A prerequisite for the multi-vitamin was that it would have optimal potency and quality nutrients. No fillers, binders, or lubricants would be used. All ingredients that might cause an allergic reaction, such as yeast, corn, and artificial additives would be avoided. He added herbs to facilitate digestion and included digestive enzymes to facilitate absorption. This maximal digestion benefit was awarded an United States Patent, the only one of its kind.

Thousands have taken the patented pure multi with positive feedback. People feel better and notice more energy, taking pure multi at lunch time. For 20 years, these time-tested reliable vitamins have been sold nationwide. The Doc G Patented Pure Multi is available at the front desk at a lower price than it is sold over the internet for the patients of Millennium-Plastikos.
Prolozone is a homeopathic/oxygen injection technique. It is excellent for all forms of musculo-skeletal and joint pain including chronic neck and back pain, rotator cuff injuries, degenerative and arthritic hips and knees, degenerated discs, and shoulder and elbow pain. The good thing about Prolozone is that because it actually corrects the pathology of the disorder, there is 75-80% chance for the chronic pain sufferer to becoming permanently pain free.

What is Prolozone?

Prolozone is derived from the Latin word “proli”, which means to regenerate or rebuild and the word “ozone”. Ozone is the most highly active form of oxygen in the universe. Prolozone uses the power of oxygen to cause damaged tissues, joints, ligaments and tendons to regenerate.

How Does Prolozone Work?

The reason that some injuries completely heal and others don’t has to do with circulation. In order for a damaged area of the body to regenerate and heal, it must have the critical elements that only blood can provide: vitamins, minerals and oxygen. Of these, by far, the most important is oxygen. Low levels of oxygen cause an accumulation of lactic acid, which is what causes pain. Prolozone works in three ways. First, homeopathic anti-inflammatory medications are injected into the injured area to reduce inflammation and swelling. This leads to increased circulation. Next, the area is treated with vitamins and minerals that are critical for healing. And finally the area is infiltrated with oxygen in the form of ozone. The result is that the tissues get what they need to heal. And as they heal, the circulation to the area is re-established and treatment is complete. The response to treatment varies from person to person, but most people only need 5-10 treatments.

Is Prolozone The Same As Prolotherapy?

No. Prolozone uses oxygen to create a healing. Prolotherapy uses inflammation to create the healing. Although it is often effective, it had the following limitations. Prolotherapy is extremely painful. Pain usually persists for days to weeks after a treatment. Patients receiving Prolozone feel some immediate improvement, with very little to any pain at all during the treatments. Next, Prolotherapy requires many injections, whereas Prolozone is faster and much less expensive. Prolozone therapy is especially effective in regenerating the cartilage in damaged knees and hips. Prolotherapy is usually not able to do this.

Conditions That Can Be Treated With Prolozone

Prolozone works on just about any pain problem you might have, including: neck pain, whiplash, degenerated or herniated discs, low back pain, plantar fasciitis, carpal tunnel syndrome, torn tendons, TMJ syndrome, sciatica, heel spurs, neuromas, tennis elbow, rotator cuff tears, knee injuries and virtually any other sports injury. Because Prolozone treatments also result in cartilage regeneration, the technique is also remarkably effective even for severe cases of osteoarthritis of the hip or knee. The good thing about Prolozone is that it is not just a treatment for pain. The result actually may represent a permanent fix.
Mommy Makeover

By Dr. Julian Gordon

Getting older has many advantages but the changes that occur in our bodies are typically not one of them. Although pregnancy can be one of life’s greatest gifts, many find it difficult to get their bodies back into shape. Pregnancy can cause excess fat to be retained, stretch marks, sagging breasts and abdominal hernias. These can be treated with various surgical procedures and as a group are called “Mommy Makeovers”.

During pregnancy, the abdominal muscles are stretched and even permanently moved out of their normal positions. This is very common. Since the muscles have been permanently moved, no amount of exercise will correct this. The result is a bulge in the lower and sometimes the upper abdomen. The only way to fix this is to surgically move the muscles back to their normal position. This is done during an abdominoplasty procedure (aka Tummy Tuck). During a tummy tuck, excess skin on the lower abdomen is also removed which frequently contains most of the stretch marks caused by pregnancy. The skin is then closed leaving a smooth tight look to the abdomen.

The breasts get engorged with milk during pregnancy often growing many cup sizes. When breast feeding is concluded and the breast shrinks, the breast is often left looking deflated and droopy. This can be corrected with a simple breast lift, if there is still enough volume, or a breast augmentation if more volume is needed. These procedures restore a nice shape and position to the breast.

When done in combination, a breast enhancing surgery and a tummy tuck is termed a “Mommy Makeover”. I have performed many of these surgeries and have seen many women have restored confidence and pride in their appearance. I would be happy to see you in a free consultation to discuss your cosmetic concerns.

Sincerely,
Julian Gordon, MD

Before

After
Ozone Therapy is a medical therapy that has been used worldwide for over 50 years with dramatic success and safety. You will learn that it is being adopted more and more by formally 'traditional' medical practitioners. It is clear that Ozone Therapy works, and it is becoming one of the most useful tools in medical clinics across America and around the World.

What does it do? To briefly summarize, ozone accomplishes these very important tasks in your body:

1/ Ozone is AntiAging (some of those AntiAging effects can be attributed to the following list of actions...)
2/ Ozone Increases Oxygenation of your Cells (it has been proven that cancer and disease grow in poorly oxygenated tissues in your body).
3/ Ozone Modulates your Immune System (for those with a weakened immune system, Ozone will boost the immune system. For those with Auto-Immune Disorders, Ozone will modulate the immune system to help to stop it from attacking healthy human cells.)
4/ Ozone Increases Energy Production in your Cells (your cells need energy to be healthy; low energy levels mean that you and your cells will not be healthy and will age)
5/ Ozone Increases the Activity of your "Anti-Oxidant Enzyme Systems". This means ozone will reduce the oxidation levels of your body.
6/ Ozone Reduces the level of acidity of your body (never mind the Alkaline Water...use Ozone!)
7/ Ozone kills Bacteria, Viruses (and virtually all other disease causing organisms) on contact
8/ Ozone Kills Cancer cells on contact

The IOA - The International Ozone Association holds International Ozone Congresses every two years in various locations around the world. AEPROMO - The Spanish Association of Medical Professionals in Ozone Therapy also holds World Ozone Congresses every two years. The recent Ozone Congress held June 2012 in Madrid Spain attracted Ozone Therapy Doctors from 25 countries around the world! Countries such as Brazil, Germany, Russia, Spain, Italy, Turkey, Austria, and even the USA all have their own Ozone Therapy Associations which hold yearly conventions (Congresses) where physicians from around the world attend to present their new findings, new procedures, and results of new studies.

In 2009 there was a very public announcement in Toronto Canada, an announcement that shook the world when everyday "allopathic" medical doctors openly announced that Ozone not only can ozone be used to successfully treat herniated discs, but the studies indicate that Ozone Therapy works far better than traditional surgery!

The word is out and the door is open. Whether you are already knowledgeable about Ozone and know its value in medicine, or whether you are a skeptic, you will enjoy this site on Ozone Therapy. Review the articles posted here, learn about how ozone works, take a course from one of our many Ozone Courses. Learn.
We Now Offer Kybella

What is KYBELLA® (deoxycholic acid) injection 10 mg/mL?
KYBELLA® is a prescription medicine used in adults to improve the appearance and profile of moderate to severe fat below the chin (submental fat), also called “double chin.”

KYBELLA® may be right for you if:

- You’re bothered (unhappy, self-conscious, embarrassed) by fat under the chin, also known as submental fullness
- You feel the condition makes you look older or heavier than you actually are
- You don’t want to have surgery
- You eat well and exercise, but submental fullness does not go away

Special Offer: November 1<sup>st</sup>-November 30, 2016

1 treatment: $1200  
2 treatments: $2000  
3 treatments: $2400  

*Offer only applies when purchasing as a package. Please call 770-457-4677 for more information and/or to schedule your appointment.*
Our March Specials!!!

Flax Oil
- A good source of Omega 3-Fatty Acids. It is also rich in potassium and dietary fiber. It is beneficial for those with Crohn's Disease and it is a natural laxative. It can help reduce high cholesterol and lower the risk of heart disease and cancer. For healthy hair, skin and nails.

Kaprex
- Designed to provide effective joint pain relief. It delivers a blend of Vitamin D, Selenium and Zinc for healthy immune support. It is a natural anti-inflammatory supplement.

Catalyst 7:
- A nutritional supplement designed to provide highly concentrated digestive enzymes for overall digestive support.

Ultra CLA:
- Aims to help support healthy body composition. Delivers a standardized extract of rosemary leaf with potent antioxidant properties. Features a stabilized, form of CLA compared to the free fatty acid, form of CLA.

Catalyn
- Encourages healthy cell functioning, promotes vitality, supports the aging body.

Adapt
- Helps the body manage excess stress, supports proper immune system function, promotes healthy function of adrenal glands.

Anise:
- Can be used as an expectorant. Relieves congestion by working on the respiratory tract. Can also be used as a digestive aid.

Flax Oil
- A good source of Omega 3-Fatty Acids. It is also rich in potassium and dietary fiber. It is beneficial for those with Crohn's Disease and it is a natural laxative. It can help reduce high cholesterol and lower the risk of heart disease and cancer. For healthy hair, skin and nails.
HOMEOPATHY—THE NATURAL WAY TO CURE

CONSULTATIONS ARE AVAILABLE BY APPOINTMENT WITH DR. NADYA DHANANI, HOMEOPATHIC CONSULTANT

NEW PRODUCTS

ALLER-AID: A natural Homeopathic Anti–Allergy, which aids with symptoms related to all kinds of allergies, especially environmental.

FIVE-PHOS: Nerve and Brain Tonic. A general tonic for all chronically wasting diseases.

WORM-C: Anti parasitic, Relieves Diarrhea/constipation. Corrects altered appetite. Provides natural vermifuge action without any side effects.

HERPEX: Recommended for symptoms related to herpes Simplex and herpes Zoster.

THUJA ROLL ON: Thuja occidentalis is indicated in warts, skin tags, polyp and tubercles. It also possesses antibacterial properties.

DERCUT: skin diseases, psoriasis, eczema, neurodermatitis (skin condition that starts with a patch of itchy skin that causes the affected skin to become thick and leathery). It is also indicated for acne vulagris (pimples), boils, insect bite, intertrigo (inflammation caused by the rubbing of one area of skin on another) and urticaria (red weals on the skin, which itch intensely).

FOR PURCHASE PLEASE CONTACT US AT 770-457-4677.
Get the breasts you’ve always dreamed of with our *Breast Augmentation Special* of just $4400 for silicone implants and $4000 for saline implants. Call us today to schedule your consultation!! (Additional procedures e.g. breast lift not included) Sale ends December 31, 2016.
NEW AT MILLENNIUM – HEALTHCARE

UrielTones SOUND FREQUENCY THERAPY

UrielTones is a non-invasive sound frequency device that recalibrates the electromagnetic field of the body at a cellular level. Our cells communicate with each other via bioelectrical signals and electromagnetic fields. Maintaining balance in those cellular electromagnetic fields is crucial to your physical and emotional health. UrielTones is very grounding, balancing, calming and nurturing.

Everything in the universe vibrates at a certain frequency unique to that thing, so each organ or cellular system has its own “resonant” healthy frequency. When the body’s electromagnetic field is chronically altered or permanently disrupted, the immune system may become compromised and illness may ensue. Restoring its natural frequency can allow that body to return to a state of optimal function. The body’s healthy cell frequencies can be altered by an accumulation of metals and toxins. Exposure to toxic EMF fields from WiFi and cell phone use have been implicated as a cause of the epidemic rise in health conditions and diseases such as depression, autoimmune disease, cancer, autism, anxiety, brain fog, inability to lose weight, etc.

Sound has the ability to affect living cells. Depending on the frequency used, sound can literally shatter and destroy a cell or return an ailing cell to healthy balance. Frequencies can kill bacteria, viruses and abnormal cells. Specific frequencies can seriously disrupt body system function, or restore those functions to optimal levels.

The UrielTones session is as follows. We first determine the frequencies that make it possible to balance the imbalances unique to your body. Then you lay on a massage table without the need to disrobe except for shoes and jewelry. Earphones are placed over your ears and pads are placed on both wrists and ankles. Two pads are also placed on the trunk of the body. The sound frequencies that were found to be beneficial to you are fed through the earphones and pads while you relax for twenty to thirty minutes. You may experience a slightly altered awareness, unusual mental clarity, a sense of deep relaxation and well being, or feelings of heat or coolness in different organs and tissues.

UrielTones Sound Therapy is contraindicated if you have a history of seizures, have a cardiac pacemaker or an implanted electrical device, or you or your child have been diagnosed with autistic spectrum disorder.

Take care of yourself and balance your body’s frequencies today! Call Millennium Healthcare at 770-457-4677 and schedule an appointment. For a limited time we are offering 25% off as an introductory special. One time use only.

$55.00 for testing 25% off introductory special $41.25
$75.00 per session 25% off introductory special $56.75
Featured Supplement

Zinc Tally

Zinc Tally is a simple screening method for evaluating zinc status. By placing two teaspoons of Zinc Tally in the mouth, a lack of taste or a delayed taste perception suggests a possible zinc insufficiency. An immediate taste perception suggests zinc status may be adequate. Zinc Tally may also be taken as a supplement.

*Supplements sold at 15% below retail.

A Message from Dr. Kolb

"Zinc replacement in supplements needs to be done knowing the patient actually needs it. This is because elevated Zinc levels can deplete copper which is associated with aneurysm."

Disclaimer: These statements and/or supplements have not been evaluated by the FDA. The FDA suggests that you consult with a health care professional before using any dietary supplement. These products and/or supplements are not intended to diagnose, treat, cure, or prevent any disease.
TENS stands for transcutaneous electrical nerve stimulation. It is typically a pocket size, portable, battery operated device that sends electrical impulses to certain parts of the body to block pain signals. The electrical currents produced are mild, but they can prevent pain messages from being transmitted to the brain and may raise the level of endorphins which are the natural pain killers produced by the brain.

HOW DOES IT WORK?

Electrodes are placed on the skin around the painful area. When the unit is turned on it delivers a light current through the electrodes to the skin and tissues just beneath it. Using TENS feels a bit like tingling, or pins and needles although the intensity can be set high enough to make a muscle twitch.

TENS disrupts the pain cycle by delivering a different non painful sensation to the skin around the pain site. In essence, TENS modulates the way we process the pain sensations from that area. Depending on the frequency the TENS unit delivers, the electrical stimulation can also trigger the body to release endorphins. These are “natural” pain killers that promote a feeling of well being.

TENS Units can be prescribed for both acute and chronic pain. They can provide pain relief for several hours and in some cases help reduce the amount of pain medications needed. TENS allows the muscles to relax. Pain leads to tension, which leads to more pain, which leads to more tension, etc. Breaking that cycle can give your muscles the relief they need.

If you are experiencing pain, ask your doctor if a TENS unit would be appropriate for you. The TENS units at Plastikos are $50.00.

To schedule your appointment please contact Cindy (770)-457-4677
Are You Interested in Becoming a Part of the Plastikos/Millennium Healthcare Team?

The Following Positions are Available:

- Plastic & Reconstructive Surgeon
- Integrative Holistic Doctor
- FT Registered O.R. Nurse
- PT Registered O.R. Nurse

How to Turn in your Resumé

If you’re interested in learning more about a position or applying for a job, please download and complete an employment application (available on our website at www.plastikos.com/careers.htm) and email it along with a cover letter and a copy of your resumé to hr@plastikos.com or send via confidential fax to 678-475-1441.

Do You Want Sexy Eyelashes?

There’s a new innovation in Eyelashes! It’s called Latisse. Latisse Solution, is a prescription treatment for hypotrichosis (another name for having inadequate or not enough eyelashes) that is used to grow eyelashes — Thus, making them longer, thicker and darker! The results of Latisse, are gradual. The majority of users have seen significant improvement within 2 months. Latisse is very easy to use. You apply it with a sterile applicator, (which comes in the kit) - “once nightly”, in order to clean the lashes.

Complete instructions and patient education are provided at time of pur-

Purchase Latisse $179 at Plastikos MedSpa

Plastikos Is Now Offering Ultrasounds For:

- Breast
- Abdomen
- Thyroid
- Testicular
- DVT
- Obstetric Ultrasound (1st Trimester)
- Pelvic

Call (770) 457-4677 to schedule your appointment.
Plastikos Plastic and Reconstructive Surgery and Millennium Healthcare

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www.Meetup.com/MillenniumHealthcare-ConventionalHolisticMedicine