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INTEGRATION OF VIBRATIONAL MEDICINE INTO HEALTHCARE SYSTEMS

by

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The integration of vibrational medicine into our current healthcare systems will be dependent on several factors, including the spiritual evolution of the practitioners and the institutions within medicine, the understanding of disease as an effect of a higher cause, understanding of concepts from quantum physics as applied to health, and the realization that the cost of healthcare as well as the potential for detrimental side effects can be greatly reduced by incorporation of vibrational medicine into our current health care system. For those not familiar with the spectrum of vibrational medicine, I highly recommend Vibrational Medicine The #1 Handbook of Subtle Energy Therapies by Richard Gerber, M.D. This book not only reviews the multi-dimensional view needed to understand vibrational medicine, but also reviews the spectrum of subtle energetic technologies. I have borrowed many ideas from Dr. Gerber as I first read his book 17 years ago and have been able on several occasions to interview Dr. Gerber on my radio show, Temple of Health. The other book that I recommend for this discussion is The Quantum Doctor A Physicist's Guide to Health and Healing by Amit Goswami, Ph.D. Dr. Deepak Chopra states, "This book will serve as a guiding post to consciousness-based medicine that will see healing as biological creativity and completely change the way we view health and disease." I have respectfully taken the liberty of combining concepts from both of these books to create this lecture.

Consciousness, which Dr. Goswami describes as the ground of all being, can be seen as a hierarchy of awareness. The spectrum of consciousness extends from universal consciousness to planetary consciousness to species consciousness to individual human consciousness to organ consciousness and finally to cellular consciousness. Consciousness may indeed exist at the molecular and atomic level for all we know. Consciousness is described as having five components in Dr. Goswami's book.

- The first level of consciousness is the physical level which is the hardware and represents the result of higher subtle bodies. The physical body makes representations of the vital body's (the next level of consciousness) morphogenetic fields. Allopathic medicine concentrates on this level of consciousness and includes physical causes of physical accidents and disease states.
- The next level of consciousness is called the vital. The vital represents the software or the blueprints for the biological body. This has also been called the etheric body. This is the level of information that maps out where the different organs are located. This vital level can be influenced by mental effects at the next level of consciousness to give rise to imbalances in the vital. Although physical methods such as surgery are often used for physical problems, the more chronic illnesses that reside in the vital body respond more effectively to vibrational medicine such as homeopathy, flower essences and gem elixirs.
- The next level of consciousness is the mental, which gives meaning to the vital and the physical. This is the level of the psychoneuroimmunological connections, psychotherapy, and the *chakras*.
- The next level is the supramental intellect, which provides context for mental meaning, vital functions, and associated feelings. This level can best be described as the archetypes and laws. This is the level affected by spiritual healing and can affect errors made at the mental level.

- The highest body is called the *bliss body* and represents the unlimited ground of being with unlimited possibilities. This bliss body is the key to understanding spontaneous remission. Physical disease can be caused at all levels within the system. Our current medical model sees causation of physical disease only at the level of the physical.

We turn now to quantum physics for concepts that may help us understand phenomena within spiritual medicine. In quantum physics there is a concept called downward causation where consciousness collapses the possibility wave. In other words, in quantum physics there are many possible outcomes, and the only logical conclusion of who chooses the final outcome is that consciousness chooses; or the events of collapse of the waves of possibility are the result of conscious choice. This is demonstrated in the movie, *What the Bleep Do We Know?* as multiple basketballs bouncing on the basketball court of possibilities. When the main character focuses on one of the basketballs, it collapses into physical reality and the others disappear. Downward causation collapses from the highest levels of consciousness through the supramental laws and archetypes to the mental which gives meaning to the vital which is the blueprint of the physical and finally into the physical.

The second concept from quantum physics is discontinuity. This describes a phenomena that between observations the possibility ways are continuous. It is only when we observe them that the possibility wave collapses discontinuously from a spread out wave to a localized particle. This phenomenon is also illustrated in the movie, *What the Bleep Do We Know?* where the quantum physics experiments are re-created so as to help the non-physicist understand these concepts.

The third concept from quantum physics is non-locality. This phenomena states that possibility waves of two correlated parts reside outside space and time where they are connected. When one part shifts, the other automatically shifts with no time lapse despite large distances between the parts. You can think of non-locality as being alive, thus, you are not just alive in one part of your body, you are alive all over.

Dr. Amit Goswami introduces the idea of quantum yoga which he defines “as the scientific path to discover who we are”. Quantum physics tells us the following about the nature of our consciousness. Consciousness is the ground of all being. Matter, vital energy, mental meaning, and supramental archetypes are all quantum possibilities of consciousness. There is a new age concept that we create our reality. Much confusion exists if we believe that we create our reality from an ego level or the level of the separate self; but if we understand that we choose, not in our ordinary state of consciousness that we call the ego, but in a non-ordinary state of consciousness that is non-local or cosmic consciousness. At this level we experience ourselves as one with all that is. In the event of the quantum collapse as described in the concept of discontinuity, consciousness splits itself into what we experience as subject and object awareness, hence the concept of separation. Indeed, the original sin (with sin being an ancient Aramaic archery term that means to miss the mark) may be the idea of separation. If we could erase the mental concept that we are separate from one another, this could greatly aid our healing. So in order to choose health over disease or heal ourselves using the power of downward causation, we must transcend the ego and rise into unity consciousness. Non-traditional healing methods such as laughter, music therapy, dance therapy, and art therapy are a halfway step toward transcending the ego.

The idea in quantum physics of quantum non-locality was verified in a lab experiment in 1982 when two correlated photons emitted simultaneously by an atom and moving away from the atom in different directions, were collapsed always in the same state of polarization without any signals between them. You can think of non-locality as the idea of being alive and that you are alive in all parts of your body, not just in a single part, and then extend this concept to include a level of consciousness that compresses the entire human race. Quantum non-locality is similar to a concept that Carl Jung called synchronicity or meaningful coincidences attributed to a common cause. In spiritual medicine non-locality can be compared to the effect of distant healing. It has been shown experimentally that the effect of thoughts on objects at a distance does not require time for the thoughts to travel that distance but is instantaneous. Experimental data from the Princeton Global Consciousness Project would support the idea that consciousness encompasses even more than the human race. This project set up random number generators around the world to see if events that capture the world's attention correlate with fluctuation in these random number generators, and it was found that they do. In fact, in the case of 9/11, the data shows a rise in the “non-randomness” prior to the event as if there were evidence of precognition in at least some aspect of the consciousness.

Quantum healing is a concept introduced by Dr. Deepak Chopra and his book of the same title. Quantum healing is the result of a creative quantum leap. It may be that spontaneous remission occurs when we go into a state of flow with consciousness where we transcend our ego, thereby taking the quantum leap. Therefore, quantum physics enables us to understand anomalous phenomena of medicine, such as spontaneous healing, as downward causation occurring as a result of instances of quantum creativity. Distant prayer healing may be instances of quantum non-locality. And spiritual healing may be downward causation with pure intention. Synchronicity could be correlated with quantum non-locality.

According to Dr. Goswami, quantum physics gives us clear guidelines for the doctor-patient relationship. In allopathic medicine there is a simple hierarchy in which the doctor tells the patient what to do. In integrative medicine, the doctor and patient discuss problems and solutions which is a tangled hierarchy, and this sometimes allows for spontaneous creativity in understanding the disease and therefore revealing the treatment. Allopathic medicine is disease control and management in a materialistic biological

view. This is like classical physics describing Newtonian mechanics. Holistic medicine treats more than the physical and includes the emotional, mental, soul and spirit. Allopathic medicine works best when time is of the essence, such as in emergency situations, but for chronic disease, vibrational medicine may have an advantage. When we shift into a paradigm of holistic medicine and vibrational medicine this does not make allopathic medicine wrong; it simply opens up new possibilities.

In summary, consciousness is not mind. Consciousness is the ground of all being. Matter and mind are both possibilities of consciousness. In the event of actual experience, consciousness converts multiple possibilities, and some are collapsed into physical realities and some into mental realities. The vital body is the reservoir of morphogenetic fields which are the blueprints that form matter. It is the job of the physical body to make representations of the vital body's morphogenetic fields. This is similar to the software that runs the computer hardware. The programmer is consciousness. The supramental body is the body of laws and archetypes such as maintenance and reproduction. The vital functions are codified in our supramental body, which in turn create vital blueprints in the vital body in order to have physical representations made in the physical body. There is evidence for the quantum nature of the vital body in the systems of traditional Chinese medicine and Ayurvedic medicine, which both describe systems of energy flow throughout the body. Chi (vital energy) can be non-locally transferred by QiGong masters, which is evidence of the quantum nature of the vital body. Vital energy can be measured with machines such as in Kirlian photography and other machines developed by Dr. Valerie Hunt.

Disease in the lower bodies can therefore be seen as opportunity. The Chinese ideogram for crisis is made up of symbols that represent both danger and opportunity. In disease we see the danger of suffering or death, but we also need to see an opportunity to probe deeper into ourselves, including the supramental domain of consciousness. Psychotherapy teaches us that conflict not properly resolved in the mental or emotional plane may manifest as infection in the physical; aggression not properly managed in the mental or emotional plane may manifest as allergy or autoimmune disease in the physical; and love not properly managed in the mental or emotional plane may manifest as cancer. Healing occurs when there is congruency of mind, emotions and body. Therefore we need to think, feel, and act in a congruent manner. The idea that different areas of the body represent different lessons is presented in several areas of vibrational medicine including the book, [Your Body Speaks Your Mind: Decoding the Emotional, Psychological, and Spiritual Messages That Underlie Illness](#) by Deb Shapiro. An example would be a shoulder injury where the shoulder represents responsibility and an injury could represent responsibility out of balance. The purpose of the injury was to help guide me out of the situation causing over-responsibility toward a more nurturing and less stressful situation. Another purpose of the injury was to allow me to rest for four months, during which I experienced a spiritual shift and avoided a potential encounter with cancer.

Quantum healing at the vital level that occurs at any chakra which opens that chakra, and thereby allows the egoic expression of feelings to be transformed into universal expressions, will result in spiritual advancement. Chakras are step-down systems or transducers of energy. According to Dr. Goswami, seven chakras exist within the energy body:

- In the root chakra, feelings of competitiveness and fear transform into confident friendliness and courage.
- In the sex chakra, energies of sexuality and lust transform into respect for self and others.
- In the naval chakra, false pride and unworthiness transforms into true self worth.
- In the heart chakra, selfishness transforms into universal love.
- In the throat chakra, feelings of frustration and egoic freedom of speech transform into real freedom of self expression.
- In the brow chakra, egoic confusion transforms into intuitive understanding.
- In the crown chakra, despair transforms into spiritual joy.

Therefore, how much peace and joy and lack of fear that you have in your life is a very good indication of your spiritual development.

So how do we incorporate all of this into our current medical model?

I had the opportunity in 2006 to visit the North Hawaii Community Hospital on the Big Island. This hospital was created as a model for integrative medicine and was the result of much careful planning, especially in the environmental and design features. I had the opportunity to speak with the Director of Spiritual Healing as well as some of the physician founders of the hospital. The limitations they expressed included problems with the doctors not referring to alternative providers and lack of insurance coverage for the alternative therapies such as Traditional Chinese Medicine (TCM), chiropractic, massage, and healing.

In order to avoid the problem of physicians not referring to alternative providers, physician education as well as the spiritual growth of our providers, including doctors, nurses, technicians, administrators, and support staff are necessary. We are currently working to develop a Human Resources Department that incorporates traditional interview methods, psychological testing, and spiritual guidance in the selection process. Attention to group energy and emphasizing common goals is important. Finding employees and providers that will focus on the patient rather than themselves is also important. Financially investing the providers and employee managers into the operation if possible will help retain key personnel. Linking an insurance company that covers alternative therapies and mind-body medicine and emphasizes prevention of disease solves a major problem experienced at the North Hawaii Community Hospital. Placing the professional group, the hospital, and the insurance company under one business umbrella will save an enormous amount of energy that is currently being wasted in the current system. Less expensive diagnostic methods, including medical intuition, diagnostic methods in TCM, and methods that diagnose from the electromagnetic analysis along the meridians, will be effective in helping to contain costs. Defensive medicine with its inherent high dollar price tag will be replaced with a system that is more patient friendly and less likely to result in injury. By putting prevention and patient education at the front end and controlling the costs of diagnostic tests, as well as the inherent cost of defensive medicine, we hope to place the insurance company in a more favorable position when compared to traditional insurance plans.

Finally, research protocols and evidence-based outcome studies will be utilized to show that vibrational medicine's approach to disease treatment and management is more cost-effective than our current model. Control of expenses at the extremes of age is also important for cost-containment. Also advisable is the development of clairvoyant teams who individually read and report information from higher levels that is pertinent for selected patients who fall into this category or into a category where quality of life is questioned by the patient's family. This information would then be made available to the family, to help them make decisions regarding the degree to which they request the hospital and staff prolong life artificially. The development of a spiritually-based hospital is very dependent on the quality of the people that work there as well as the patients that seek care at the facility. Our current model of corporation based managed-care companies and hospitals who have to answer to shareholders and owners where profit is always an important consideration, is not as strong as a model based on provider and employee ownership. The more spiritually evolved the providers and employees become, the stronger the institution will be. This is the vision that I and others hold for the future of medicine. I believe that what we currently have is ineffective, expensive, and lacks compassion in many areas. As Albert Einstein said and I quote, "No problem can be solved from the same level of consciousness that created it" and "The only real valuable thing is intuition". With compassionate and patient-focused healthcare, which utilizes vibrational and traditional medicine and takes advantage of our inherent gift of intuition, we can create a better healthcare model.

References

Gerber, Richard MD: Vibrational Medicine, 3rd Edition. Published 2001. ISBN: 1-879181-58-4.

Goswami, Amit: The Quantum Doctor: A Physicist's Guide to Health and Healing. Published September, 2001. ISBN: 10: 1571743324.

Suggested Reading

The Naked Truth About Breast Implants: From Harm to Healing by Susan E. Kolb, M.D., F.A.C.S., A.B.I.H.M.

Visit www.TheNakedTruthAboutBreastImplants.com to read about Dr. Kolb's personal experiences and extensive knowledge of the potential dangers associated with silicone and saline breast implants.

Goddess Shift: Women Leading for a Change by Stephanie Marohn

Visit www.TheNakedTruthAboutBreastImplants.com/goddess to read about the anthology of over 40 women leaders in diverse fields of human endeavor where Dr. Kolb is a contributing author.

Optimism! Cultivating the Magic Quality that Can Extend Your Lifespan, Boost Your Energy, and Make You Happy Now by Stephanie

Marohn. Visit www.TheNakedTruthAboutBreastImplants.com/optimism to read about world-famous leaders from every sphere of human endeavor revealing the secrets that kept them going during the tough times where Dr. Kolb is a contributing author.