



Plastikos Plastic & Reconstructive Surgery
Plastikos Surgery Center
Millennium Healthcare
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PLATINUM DETOX PROGRAM

PHASE ONE

- PCA – Rx as directed.
- Sauna or hot bath with four 16 oz. Bottles of Hydrogen Peroxide
- Ascorbic Acid 4 grams (4,000 mg) per day
- N-Acetylcysteine 1,000 mg three times a day
- B-Complex 1 capsule, three times a day
- Prolinic 2 capsules, three times a day

PHASE TWO

- Oral Chelation/Longevity Plus as directed
- Taurine 500 mgs, twice a day
- Glutathione 500 mg., twice a day (GSH)
- MSM 500 mg., twice a day
- Coenzyme Q10 - 600 mg. a day (Coenz Q10 - 400 mg. & 50 mg.)
- Prolinic 1 capsule, three times a day
- Pantothenic Acid (B5), 500 mg., three times a day
- Multi-Mineral, 1 capsule, twice a day

The following statements and/or supplements have not been evaluated by the FDA. The FDA suggests that you consult with a health care professional before using any dietary supplement. This product is not intended to diagnose, treat, cure or prevent any disease.